

# RYUSUI-RYU SENIOR GRADING SCHEDULE

Age: 15 + years

Issued: 1st February 2021

Time Estimate: 6 years

GRADE	KATA	TECHNIQUES	GENERAL	QUALIFICATION CRITERIA
<b>8th Kyu</b>  <b>White Belt</b> (Red Stripe)	Juu-Go Dachi	Unbendable Arm  Tai no henka (3)  Taisabaki (21,22)  Ikkyo (1,2)	Kihon (Set 1)  Holds Mae (1-8)  Shikko	Valid Membership  Estimated Time: 3 mths
<b>7th Kyu</b>  <b>Red Belt</b>		Ikkyo (3,4)  Taisabaki (23,24)	Basic Ukemi (Suwarawaza)  Holds Ushiro (9-13)  Kumi-tai (Basic)	Valid Membership  Estimated Time: 3 mths
<b>6th Kyu</b>  <b>Yellow Belt</b>	Shiho-Keri	Ikkyo (6,7)  Sumi-otoshi (2)  Kokyu ho Suwari-waza (4)	Kihon (Set 2)  Basic Ukemi (Tachiwaza)  Randori (2 attackers)	Valid Membership  Estimated Time: 6 mths
<b>5th Kyu</b>  <b>Orange Belt</b>		Ikkyo (9,10,12)  Shiho-nage (1-4)		Valid Membership  Estimated Time: 6 mths
<b>4th Kyu</b>  <b>Green Belt</b>	Ichigenteki	Sankyo (1)  Kaiten-nage (1-2)  Irimi-nage (16)	Kihon (Set 3)  Advanced Ukemi	Valid Membership  Estimated Time: 9 mths
<b>3rd Kyu</b>  <b>Blue Belt</b>		Nikyo (1,2,16)  Shiho-nage (9,12)	Kumi-tai (Medium)  Randori (3 attackers)	Valid Membership  Estimated Time: 9 mths
<b>2nd Kyu</b>  <b>Purple Belt</b>	Hijiate	Gokyo (20)  Juji-nage (1,16,17)  Kotegaeshi (1,2,19)	Kihon (Set 4)	Valid Membership  Estimated Time: 1 yr  Assist at club level
<b>1st Kyu</b>  <b>Brown Belt</b> (Hakama)		Shiho-nage (16,17)  Tenchi-nage (3)	Kumi-tai (advanced)	Valid Membership  Estimated Time: 1 yr
<b>1st Dan</b>  <b>Black Belt</b>	Ananko	Koshi-nage(2)  Sumi-otoshi (14,17)	Written Work	Valid Membership  Estimated Time: 1 yr  Teach at Club level

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## Key to Grading Summary

### **Front Holds:**

1. Ai-hanmi katate-dori
2. Gyaku-hanmi katate-dori
3. Ryote-mochi Ryote-dori
4. Ryote-mochi Katate-dori
5. Sode Dori
6. (Ryo) Sode-dori
7. (Ryo) Kata-dori
8. (Ryo) Mune-dori

### **Rear Holds:**

9. Ushiro Ryote-mochi Ryote-dori
10. Ushiro Ryokata-dori
11. Ushiro Eri-dori
12. Ushiro Kubi-jime
13. Ushiro Mune-daki-shimema

### **Basic Strikes:**

14. Zuki
15. Keri
16. Shomen uchi
17. Yokomen Uchi
18. Empi
19. Tanto thrust (Chudan)
20. Tanto stab (Jodan)

### **Body Movement:**

21. Iremi
22. Tenkan
23. Ushiro Tenkan
24. Kaiten