

# RYUSUI-RYU SENIOR GRADING SCHEDULE

Age: 15 + years

Issued: June 2020

Time Estimate: 6 years

GRADE	KATA	TECHNIQUES	GENERAL	QUALIFICATION CRITERIA
<b>8th Kyu</b>  <b>White Belt</b> (Red Stripe)	Ichigenteki shodan	Unbendable Arm  Tai no henka (3)  Taisabaki (20, 21)  Ikkyo (1,2)	Kihon (Set 1)  Holds Mae (1-7)  Shikko	Valid Membership  Estimated Time: 3 mths
<b>7th Kyu</b>  <b>Red Belt</b>		Ikkyo (3,4)  Taisabaki (22,23)	Basic Ukemi (Suwarawaza)  Holds Ushiro (8-12)  Kumi-tai (Basic)	Valid Membership  Estimated Time: 3 mths
<b>6th Kyu</b>  <b>Yellow Belt</b>	Ichigenteki Nidan	Ikkyo (5,6)  Sumi-otoshi (2)  Kokyu ho Suwari-waza (4)	Kihon (Set 2)  Basic Ukemi (Tachiwaza)  Randori (2 attackers)	Valid Membership  Estimated Time: 6 mths
<b>5th Kyu</b>  <b>Orange Belt</b>		Ikkyo (8,9, 11 & Suwari- Waza)  Shiho-nage (1-4)		Valid Membership  Estimated Time: 6 mths
<b>4th Kyu</b>  <b>Green Belt</b>		Sankyo (1)  Kaiten-nage (1-2)  Irimi-nage (15)	Kihon (Set 3)  Advanced Ukemi	Valid Membership  Estimated Time: 9 mths
<b>3rd Kyu</b>  <b>Blue Belt</b>	Hijiate	Nikyo (1,2 & 15)  Shiho-nage (8,11)	Kumi-tai (Medium)  Randori (3 attackers)	Valid Membership  Estimated Time: 9 mths
<b>2nd Kyu</b>  <b>Purple Belt</b>		Gokyo (19)  Juji-nage (1,15,16)  Kotegaeshi (1,2,18)	Kihon (Set 4)	Valid Membership  Estimated Time: 1 yr  Assist at club level
<b>1st Kyu</b>  <b>Brown Belt</b> (Hakama)		Shiho-nage (15,16)  Tenchi-nage (4)	Kumi-tai (advanced)	Valid Membership  Estimated Time: 1 yr
<b>1st Dan</b>  <b>Black Belt</b>	Ananko	Koshi-nage(2)  Sumi-otoshi (13,16)	Written Work	Valid Membership  Estimated Time: 1 yr  Teach at Club level

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## Key to Grading Summary

### **Front Holds:**

1. Ai-hanmi katate-dori
2. Gyaku-hanmi katate-dori
3. Ryote-mochi Ryote-dori
4. Ryote-mochi Katate-dori
5. Sode Dori
6. (Ryo) Sode-dori
7. (Ryo) Kata-dori
8. (Ryo) Mune-dori

### **Rear Holds:**

8. Ushiro Ryote-mochi Ryote-dori
9. Ushiro Ryokata-dori
10. Ushiro Eri-dori
11. Ushiro Kubi-jime
12. Ushiro Mune-daki-shimema

### **Basic Strikes:**

13. Zuki
14. Keri
15. Shomen uchi
16. Yokomen Uchi
17. Empi
18. Tanto thrust (Chudan)
19. Tanto stab (Jodan)

### **Body Movement:**

20. Iremi
21. Tenkan
22. Ushiro Tenkan
23. Kaiten