

RYUSUI-RYU JUNIOR GRADING SCHEDULE

Age: 8 - 14 years

Issued: June 2020

Time Estimate: 5 years

GRADE	KATA	TECHNIQUES	GENERAL	QUALIFICATION CRITERIA
8th Kyu White Belt	Shihazuki Jodan	Taisabaki (20 - 23)	Kihon (Set 1) Holds Mae (1-3) Shikko	Valid Membership Estimated Time: 3 mths
7th Kyu Red Belt	Shihazuki Chudan	Ikkyo (1) Ippon Kumite	Ukemi (Suwarawaza) Randori (1)	Valid Membership Estimated Time: 3 mths
6th Kyu Yellow Belt	Shihazuki Shuto	Kokyu ho Suwari-waza (4)	Holds Mae (1-7)	Valid Membership Estimated Time: 6 mths
5th Kyu Orange Belt		Ikkyo (2) Irimi-nage(1)	Kihon (Set 2) Ukemi (Tachiwaza) Holds Ushiro (8-9)	Valid Membership Estimated Time: 6 mths
4th Kyu Green Belt	Shihazuki Gedan barai	Sumi Otoshi (2) Kaiten-nage (2) Ippon Kumite	Randori (13)	Valid Membership Estimated Time: 9 mths
3rd Kyu Blue Belt		Ikkyo (3,5 & 6)	Kihon (3)	Valid Membership Estimated Time: 9 mths
2nd Kyu Purple Belt	Ichi Keri Kata	Kaiten-nage (1)	Holds Ushiro (8-12)	Valid Membership Estimated Time: 1 year
1st Kyu Brown Belt (Hakama)		Sanbon Kumite Irimi-nage (15) Ikkyo (9,11)	Randori (3 attackers) Advanced Ukemi	Valid Membership Estimated Time: 1 year

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Key to Grading Summary

Front Holds:

1. Ai-hanmi katate-dori
2. Gyaku-hanmi katate-dori
3. Ryote-mochi Ryote-dori
4. Ryote-mochi Katate-dori
5. (Ryo) Sode-dori
6. (Ryo) Kata-dori
7. (Ryo) Mune-dori

Rear Holds:

8. Ushiro Ryote-mochi Ryote-dori
9. Ushiro Ryokata-dori
10. Ushiro Eri-dori
11. Ushiro Kubu-jime
12. Ushiro Mune-daki-shimema

Kihon: sets 1 to 3 (see separate sheet)

Basic Strikes:

13. Zuki
14. Keri
15. Shomen uchi
16. Yokomen Uchi
17. Empi
18. Tanto thrust (Chudan)
19. Tanto stab (Jodan)

Body Movement:

20. Iremi
21. Tenkan
22. Ushiro Tenkan
23. Kaiten

Ippon Kumite