

RYUSUI-RYU JUNIOR GRADING SCHEDULE

Age: 8 - 14 years

Issued: November 2025

Time Estimate: 5 years

GRADE	KATA	TECHNIQUES	GENERAL	QUALIFICATION CRITERIA
8th Kyu White Belt (Red Stripe)	Shiho-zuki Jodan	Taisabaki (21 - 24) Ikkyo (1,2)	Kihon (Set 1) Holds Mae (1-4) Shikko	Valid Membership Estimated Time: 3 mths
7th Kyu Red Belt	Shiho-zuki Chudan	Ikkyo (3,4) Tai no Henka (2)	Ukemi (Suwarawaza) Holds Mae (5-8)	Valid Membership Estimated Time: 3 mths
6th Kyu Yellow Belt	Shiho-zuki Shuto	Kokyu ho Suwari-waza (4) Ikkyo (6,7) Sumi-otoshi (2)	Holds Ushiro (9 - 13) Ukemi (Tachiwaza) Kihon (Set 2)	Valid Membership Estimated Time: 6 mths
5th Kyu Orange Belt		Ikkyo (9,10 & 12)	Ippon Kumite Randori (2 attackers)	Valid Membership Estimated Time: 6 mths
4th Kyu Green Belt	Shiho-zuki Gedan	Kaiten-nage (2) Irimi-nage(1)		Valid Membership Estimated Time: 9 mths
3rd Kyu Blue Belt		Irimi-nage (16, 17)	Kihon (set 3)	Valid Membership Estimated Time: 9 mths
2nd Kyu Purple Belt	Shiho-Keri	Kaiten-nage (1)	Kihon (Set 4)	Valid Membership Estimated Time: 1 year
1st Kyu Brown Belt (Hakama)	Ichigienteki	Tenchi-Nage (3)	Randori (3 attackers) Advanced Ukemi	Valid Membership Estimated Time: 1 year

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Key to Grading Summary

Front Holds:

1. Ai-hanmi katate-dori
2. Gyaku-hanmi katate-dori
3. Ryote-mochi Ryote-dori
4. Ryote-mochi Katate-dori
5. Sode-dori
6. (Ryo) Sode-dori
7. (Ryo) Kata-dori
8. (Ryo) Mune-dori

Rear Holds:

9. Ushiro Ryote-mochi Ryote-dori
10. Ushiro Ryokata-dori
11. Ushiro Eri-dori
12. Ushiro Kubu-jime
13. Ushiro Mune-daki-shimema

Kihon: sets 1 to 4 (see separate sheet)

Basic Strikes:

14. Zuki
15. Keri
16. Shomen uchi
17. Yokomen Uchi
18. Empi
19. Tanto thrust (Chudan)
20. Tanto stab (Jodan)

Body Movement:

21. Iremi
22. Tenkan
23. Ushiro Tenkan
24. Kaiten